



HOW TO RAISE \$150 In 7 Days

Day	The Ask	Total Per Day	Grand Total
1	Kick start your fundraising by adding a personal contributions of \$10.	\$10	\$10
2	Send an email to three friends asking for \$10 donation. Don't forget to also ask them to take the Plunge with you!	\$30	\$40
3	Send an email to three of your favorite relatives asking for a \$10 donation.	\$30	\$70
4	Post on social media and tell your followers if they help you raise at least \$20 in one day, you'll let them pick your Plunge costume!	\$20	\$90
5	Ask two neighbors for \$10.	\$20	\$110
6	Ask five people at your favorite restaurant, coffee shop, tavern, or local community hang out spot for \$5.	\$25	\$135
7	Ask your best friend or significant others for a \$15 donation. And, of course, ask them to join your Plunge team, too!	\$15	\$150

Asking for money can be hard but remember you're doing it for an amazing cause!